

Like Embed 0 14

Bitty Brickie Beat

ELC February 2021 Newsletter

Rejoicing in Readers!

We have so many readers!!!!! Our kindergarten students are working so hard on learning their sight words and many are reading on their own!!! We are recognizing and celebrating this goal every day with students in classrooms, on announcements and in the library! By the end of the second quarter, students needed to master 18 sight words. The third quarter will introduce 20 more and we will be at 50 by the end of the school year! These are high frequency words that readers will find in many books they read and will have them reading at a level C by the end of kindergarten. Students are bringing home books from the classroom that are at their reading level and they are learning how to choose a just right book. More reading strategies are being introduced to help students decode words they aren't familiar with so they can have success with many books that appeal to them. You can help your child by reading with them and to them every single night! Make it fun by sharing in the reading with them, using funny voices, acting out books, playing tabletop games that center on word recognition and even practicing their sight words using manipulatives like magnetic letters and play doh. Ask your child for ideas too; students have been practicing their words and reading in different ways throughout the school day....ask them to show you just what they are doing! We will be rewarding and celebrating reading goals big here at the ELC for the remainder of the school year! Be sure your child has the support needed to achieve!













Accessibility

Translate Newsletter

High Contrast Mode

Aa

Aa

Aa



Sherri is using Smore newsletters to spread the word online.

Get email updates from Sherri:

Follow Sherri Eberle

Like 1'

11 people like this. Be the first of your friends.

Contact Sherri Eberle

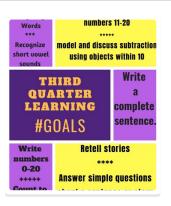




















ELEARNING DAY ALL STUDENTS

Please log in to canvas for assignments. Staff will be available for

elearning support.



Order Spring Pictures Online Here





Drivoov Torm











Parent Meetings

Join us for FREE at our virtual Social Emotional Learning sessions! Each session begins at 6:00pm and lasts approximately one hour. Simply visit the link below around 5:50pm on the date listed to enter Zoom. Hosted by our Director of Social and Emotional Learning, *Debbie Matthys*.

www.hobart.k12.in.us/SELmeetings

February 2nd Session 1: SEL 101

Join Debbie for a presentation that will focus on social emotional learning, mental wellness, and application of SEL strategies in your home. Learn about the brain research that supports the social emotional work that is taking place in our school system.

February 16th Session 2: Importance of Routines

This meeting focuses on the Importance of the brain feeling safe and having a routine, as well as how to establish consistencies for your family.

You will learn about the latest brain research and how we can apply this to our lives and homes.

February 23rd Session 3: Regulation and Self-Control Strategies

Mindfulness strategies can be used by individuals of all ages. Our time will be spent learning mindful strategies that focus on breathing, movement, focused attention strategies to simple yoga movements to help with regulation and self-control.



Courselor's Chronicle



During our K and Coffee event in January, I talked about anxiety in our students. I wanted to share a few take-aways from that presentation for you to practice at home. First, let's talk about what anxiety can do to our bodies. As adults, we may struggle with anxiety and have physical symptoms such as sweaty palms, increased heart rate/blood pressure, upset stomach, fear or worry. Well guess what, our 5 and 6 year old Kinders can also get those exact same symptoms! You may be thinking, why would a Kindergartener be struggling with anxiety. It can happen for many reasons such as friendship issues, change in routine, private issues going on at home, or even genetics. While students may experience physical symptoms, what we see as adults can include high emotions, school refusal, inattentiveness, aggression, disruptive or repetitive behaviors, avoidance, or fear. Our students most likely have no idea what this monster is called anxiety. Secondly, they struggle with how to handle themselves in the midst of it. Every morning at the ELC, our principal starts the announcements with a Mindful Moment. The students all practice deep breathing after hearing a chime. This is great to practice at home as well. Here are some additional ways to help your child calm their anxiety:

- · Breathing exercises-Take 5 (all of our Kinders should know what this is), blowing bubbles
- · Stimulate the vagus nerve-humming, chewing gum, gargle water
- \cdot Rituals-practice what to do before the anxiety starts (if it's predictable), while it's happening, and what to do afterwards. Providing structure and time to transition can help alleviate anxiety.
- \cdot Reflect-looking back and talking about their anxiety, what caused it and what they did to help decrease it, can help build resiliency.





https://www.podbea...

www.podbean.com

Kindergarten Students Will Be Receiving Their Own Copy Of "Ruby Finds A Worry"

To connect our K and Coffee topic to helping our students, we are sending home a great book called Ruby Finds a Worry. It's about a girl who finds a worry and sees it wherever she goes. She soon learns that she isn't the only one with a worry. By talking about her worry, she's able to make it smaller until it's all gone. Here are some tips to help grown-ups calm a child's worry:

- Breathing exercises-Take 5 (all of our Kinders should know what this is), blowing bubbles, simulate using breathing ball
- · Counting to 10 or higher in your head
- · Stimulate the vagus nerve-humming, chewing gum, gargle water
- · Rituals-practice what to do before the anxiety starts (if it's predictable), while it's happening, and what to do afterwards. Providing structure and time to transition can help alleviate anxiety.
- · Reflect-looking back and talking about their anxiety, what caused it and what they did to help decrease it, can help build resiliency.

Have fun watching this read aloud of Ruby Finds A Worry with your child before you receive your own copy.

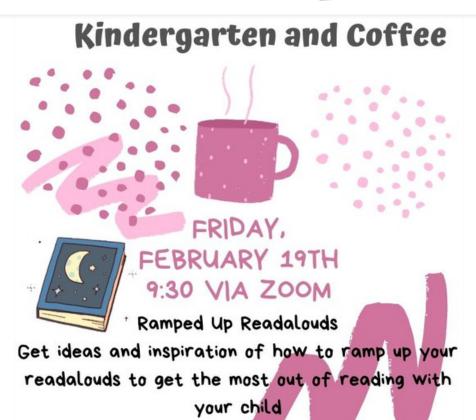
Ruby Finds a Worry by Tom Percival Ruby's Worry (Read Aloud) | Sto...





Privacy - Term





February Kindergarten and Coffee

Meeting ID: 772 3814 6198 Passcode: aQCXE2

Tips and a read aloud for kindergarten parents







students have the opportunity to earn tickets as a class as well as individual for modeling good choices. They can cash in their tickets for special opportunities in their class like a PJ Day! We celebrate as a school with rewards like dance party and extra recess day. Each day we are looking for and rewarding those positive behaviors.

What is **School**-wide Positive Behavioral Interventions and Supports. **School**-wide **PBIS** is a multitiered framework to make **schools** more effective places. It establishes a social culture and the behavior supports needed to improve social, emotional, behavioral, and academic outcomes for all students.-source PBS.ORG

































Family Game Night

The ELC looks forward to it's Family Game Night every year! This is such a wonderful event that reminds us to open that closet and pull out one of those tabletop games! Traditionally, the ELC hosts an event where families are invited to attend an evening of playing new games and finding new ones to add to their collection of favorites. Since this year is a little different, we are changing it up by hosting the event FROM YOUR HOUSE! We are encouraging our families to pick a night of the week February 7-12th as their own Family Game Night. We are asking for parents to send us their pictures





game basket. The basket of games will include ELC favorites. We can't wait to see how virtually awesome our Family Game Night will be this year!



Our Favorite Game Recommendation For Making Reading Fun!

Zingo is a beloved game choice at the ELC to help students practice reading words. This game bring such enthusiasm that kids don't even realize they are practicing what they have learned. We love Zingo for its fun factory and it's opportunity for students to put all they have learned together and engage in a fun activity! Add Zingo to your game closet and help your child have fun reading!



Privacy - Terms





ELC PTO PRESENTS SLICE THE PRICE OF PIZZA!



With the card, every time you purchase a large pizza at Domino's, you will receive a large pizza FREE! Good at participating locations, including Hobart!

The cost of the card is just \$10, which is less than the price of a large pizza, so if you use the card just one time, it more than pays for itself!

Use the card as many times as you would like until the card expires.

Use the card for multiple purchases. For example: buy 10 pizzas and get 10 more pizzas FREE!

Profit for our school is \$5 for every card sold!

PIZZA, PRIZES AND PROFIT? COUNT US INI



Look for order forms and more information to come soon!







Join February's PTO Meeting Here



February Nurse's Corner.pdf

Download 600.9 KB

Stay Healthy With These Guidelines From the Indiana Department of Health on Valentine's Day

VALENTINE'S DAY

☐ SINGLE SERVINGS





☐ IF BRINGING PAPER VALENTINES- WE ASK THAT YOU BRING THEM A FEW DAYS PRIOR OR AS DIRECTED BY YOUR TEACHER TO ALLOW TIME FOR THEM TO SIT DORMANT.



Valentine's Day







Flu

Roses are Red , Violets are blue , Please get your shot so you don't get the FLU! Contact your healthcare provider or make an appointment at our Brickie Clinic 219-945-9383

Sick students-

PLEASE KEEP ALL SICK OR SUSPECTED SICK STUDENTS HOME FROM SCHOOL.

PLEASE MARK THEM OFF IN SKYWARD. SYMPTOMS INCLUDE: fever greater than

100.4 degrees, CHILLS, SORE THROAT, COUGH(especially new onset, uncontrolled cough), DIARRHEA, VOMITING, HEADACHE(particularly new onset of severe headache, especially with a fever), NEW LOSS OF TASTE OR SMELL, MUSCLE OR BODY ACHES

OR FATIGUE, CONGESTION OR RUNNY NOSE, SHORTNESS OF BREATH OR

DIFFICULTY BREATHING. If you are unsure, please call your healthcare provider or school nurse for advice. Please do not send your student to school and instruct them to go directly to the nurse before the school day begins. Again, if you have any questions or concerns please contact your school nurse. For more information, please visit our website:

https://www.hobart.k12.in.us/protectbrickies

VS



Privacy - Term



Stay home if:



You <u>OR ANYONE IN YOUR</u> <u>HOUSEHOLD</u> are experiencing any of the symptoms:

- Temperature 100.4° F or higher
- Sore Throat
- New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline.)
- Diarrhea
- Vomiting
- Abdominal Pain
- New onset of severe headache, especially with a fever.

You or <u>anyone in</u>
<u>your household</u>
are being tested
for COVID-19.

You or <u>anyone</u>
<u>in your</u>
<u>household</u>
tested
positive.



Our Coordinator of Health Services for the School District will assist you in monitoring your student(s) and let you know when they can safely return to help control the spread in our schools and community. Your student will NOT fall behind; we have staff that will assist them with ELearning while symptoms and/or results are confirmed and subside.

How to Report Absence in Skyward







Log Into Skyward
Using Parent/Guardian
Account
Please Contact
Technology If You
Need Help With Parent
Login 942-1388

Enter Date
Select Reason
Add Comment
Save To Submit



You can copy your entry before saving to include other children in your home. You Do Not Need to Call Your School To Report Absence Once You Have Completed in Skyward

The Final Stretch for Apples For Students!

We are in our last month of collecting receipts from Strack and Van TII's for our Apples For Students! Last year, we were able to purchase so many wonderful items for recess! Please continue sending your receipts to the ELC! Your support is appreciated!







Open February Calendar Below

February.pdf

Download 595.2 KB



The Early Learning Center

Facebook

400 North Wilson Street, Hobart... 219-942-7263 sgutierrez@hobart.k12.in.us

hobart.k12.in.us/elc

Connect with Sherri Eberle

Sherri is using Smore newsletters to spread the word online.

Follow Sherri Eberle

Contact Sherri Eberle

11 people like this. Be the first of your friends.





Design beautiful online newsletters and publish instantly.

The days of posting a newsletter around the neighborhood are over. Smore helps you create amazing pages that you'd be proud to share.

Try it now

