# Brickie Forward Update 12-30-21 CDC/IDH Guidelines

The following slides will be used as protocol for isolation and quarantine given the latest updates. It is confusing at times.

\*\*\*Please continue to contact us at <u>nurse@hobart.k12.in.us</u> so we can give you the best guidance to keep everyone healthy and safe.

## **CDC: Isolation Guidance Updates**

## If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status.

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves.



https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html

## **CDC: Quarantine Guidance Updates**

## If You Were Exposed to Someone with COVID-19 (Quarantine)

### If you:

Have been boosted

### OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

## OR

Completed the primary series of J&J vaccine within the last 2 months

- · Wear a mask around others for 10 days.
- Test on day 5, if possible.

If you develop symptoms get a test and stay home.

#### If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted OR

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Indiana Department of Health Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.

If you develop symptoms get a test and stay home

https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html

# K-12 Isolation Guidance: When all are masked

## If student tests positive:

- Stay home for 5 days
- Return to school Day 6 if asymptomatic or symptoms are resolving and continue to mask for 5 days in classroom (if unable to mask properly at all times, must remain isolated at home for full 10 days)
  - Fever-free for 24 hours without medication and other symptoms improving
- Can resume extracurricular activities on Day 6 if able to wear a mask properly at all times for Days 6-10, above conditions are met and cleared by physician (<u>https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-interim-guidance-return-to-sports/</u>)



# K-12 Quarantine Guidance: When All Are Masked

# If student is exposed to someone with COVID-19 in the classroom:

- As long as continue to be asymptomatic, may remain in school and continue to wear a mask properly at all times, test on Day 5 if possible
- May continue extracurricular activities; wear a mask properly at all times when able (while not actively performing or actively playing during your sporting activity) for all 10 days
- If symptoms develop, get a test and stay home and if positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.



# K-12 Quarantine Guidance: When All Are Masked

# If student is **exposed** to someone with COVID-19 **outside of the classroom**, including home contacts:

- If **fully vaccinated** (have received all doses of vaccines, including booster if eligible)
  - As long as asymptomatic, may remain in school and continue to mask at all times in classroom; test on Day 5 if possible
  - May continue extracurricular activities; wear mask for 10 days (while not actively performing or actively playing during your sporting activity)
  - If symptoms develop, get a test and stay home. If positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.

## If unvaccinated or partially vaccinated:

- Stay home for 5 days; test on Day 5 if possible
- Return to class on Day 6 if still asymptomatic. Continue to wear a mask for Days 6-10.
- No extracurricular activities for 5 days of home quarantine. May resume Day 6 only if able to wear a mask at all times (including while actively performing or playing during your sporting activity) for Days 6-10.
- If symptoms develop, get a test and stay home. If positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.



# **K-12 Enhanced Precautions**

- For ALL extra-curricular activities, including, but not limited to, music and athletics, including cheerleading:
- Wear masks at all times while not actively performing or actively playing during your sporting activity.
- · Examples of when mask should be worn:
  - o Before/after a sporting event
  - o During club and/or team meetings
  - o While on the sideline/bench/dugout
  - o While hanging out with friends
  - In the locker room

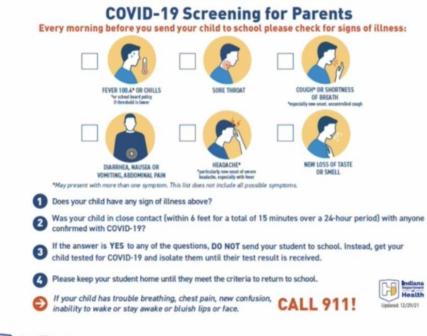


Enhanced precautions should be utilized whether an individual is returning prior to 10 full days of:

- Isolation
- Quarantine

If you cannot mask consistently and correctly, do not participate or play for at least 10 full days.

# Parent Daily Screening Tool



- Screening to occur daily prior to sending student on bus or dropping off at parent drop off
- When in doubt, do not send to school and seek testing or medical opinion



https://www.coronavirus.in.gov/files/21 Parent-screening-12-29-21.pdf

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# K-12 Reminders

- Masking is the safest way to keep everyone safe while in school, and if your school has a mask requirement in place, no one needs to quarantine if they are identified as close contacts. Students and staff may continue to attend school and monitor for symptoms.
- Contact Tracing, isolation of positive cases and quarantine of close contacts is not optional. Continue to follow control measures (will be updated).
- Get students and staff home if they are symptomatic, running a temp, or have other symptoms of COVID-19 and other viral illnesses. We have always asked that students and staff who are ill stay home. This guidance is not new!



# Masks ARE REQUIRED on school buses

- Current guidance from CDC and National Association for Pupil Transportation
- Requirement for face masks on public transportation includes school buses except for those:
  - Younger than 2 years old
  - Those with a disability who cannot wear a mask safely because of the disability as defined by the Americans with Disabilities Act (42 U.S.C.12101 *et seq.*)
  - A person for whom wearing a mask would create significant risk
- · Follow current mask requirements until further notice
- For distancing recommendations see ED COVID-19 Handbook Volume 1 2021: Strategies for Safely Reopening Elementary and Secondary Schools / Transportation Considerations pages 15-16



https://www2.ed.gov/documents/coronavirus/reopening.pdf https://www.cdc.gov/coronavirus/2019-ncov/travelers/face-masks-public-transportation.html 16